



VOLUNTEER LINK-UP

Calvary Health Care Sydney – Volunteer Services

Newsletter Date: November 2017

Issue 134

<http://volunteerservice.calvary-sydney.org.au/>

MARY POTTER DAY: NOVEMBER 22ND

12.30pm

Celebrations commence with Staff Liturgy and Length of Service awards.

1pm -2.30pm
in the Calvary Chapel

We would like to acknowledge and thank our volunteers who have contributed so generously to Calvary over the years. During the Mary Potter Staff & Volunteer Length of stay awards, the following volunteers will be presented with their length of stay awards.

5 years:

Rano Dhaliwal
Soo Foo
Val Morahan
Chris Price
Kevin York

10 years :

Rosie Quin
Jeanette Titmuss

15 years:

Mike Davitt,
Delores Garcia
Mary McLoughlin

20 years:

Christie Hart

Staff / Volunteer Lunch in the Conference Centre, and then the Mary Potter Day' Family Feud' -

Teams will battle it out with the last team standing being awarded the coveted Mary Potter Day Family Feud Gnome.

It's always a bit of fun.

Big thankyou to Mike and Ray, who always cook an awesome BBQ.



COMMUNITY VOLUNTEER ONLY

Monday November 27th

Final Debrief Meeting
for community volunteers
Mary Ashton: facilitator

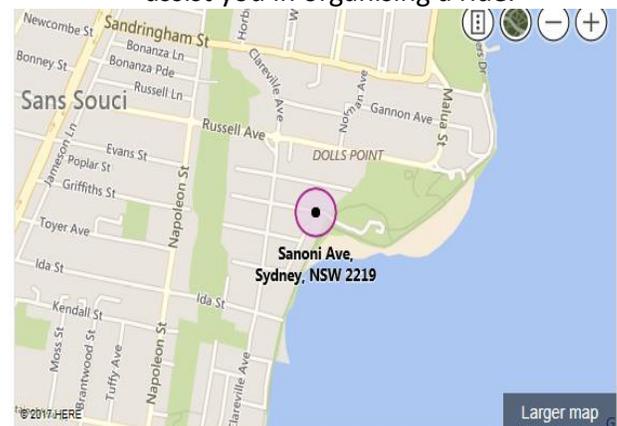
10am start then 12md Lunch

VOLUNTEER CHRISTMAS 'THANK YOU' LUNCHEON: FRIDAY DEC 8TH

The Christmas luncheon is fast approaching so please let me know if you can attend so we can organise catering etc.

Some great Raffle prizes at \$1 a ticket and of course the tombola and lucky door prizes. Always a fun day and of course Kay's amazing Mud cake!! Low cal of course not... ha ha.

If you have problems with transport to the venue, please let Anne-Marie know and I can probably assist you in organising a ride.



Sanoni Ave, Sydney, NSW 2219

CHRISTMAS PUDDING DONATIONS:

Over many years, staff of Calvary Kogarah has always generously donated to Charities at Christmas.

This year we will be supporting two charities: The John Franklin Christmas Lunch and the Matthew Talbot Hostel.

Both these charities provide a free sit-down Christmas Day lunch to those in the community who are in homeless, without company and with need. Every year our donations have supplied Christmas dessert to well over 500 people and families in need.

It would be appreciated if you would once again support these charities by donating Christmas puddings and/or custard.

I will have a box in my office (2nd Floor, Executive Unit) if you would like to bring some puddings, custard, Christmas cake, fruit mince tarts, biscuits etc by Friday 15th December 2017.

Thank you for all your support in helping these charities to help those less fortunate than ourselves.

Kind regards, Penny
PA to CEO



RESIGNATION OF CALVARY KOGARAH CEO

Shelley Castree-Croard has announced her resignation and will take up a new position at the Austin Hospital in Melbourne.

Jane Graham will continue to act in the CEO DON role until the position is advertised.

Helen Moore is acting as the Clinical Services Manager and DDON role in the interim.

CALVARY KOGARAH WIG LIBRARY: DID YOU KNOW.....

The Volunteer Wig Library has been operating from the past 20 years and offers wigs free of charge to women who are undergoing treatment and hair loss in the St George, Sutherland and beyond regions.

Our special thanks to Delores, Rano and Julie who volunteer their time to manage and support this wonderful service. Our thanks to St George Breast Nurses, the Zonta Club, Inner Wheel Club, Wigs on Wheels and individual donors who enable us to buy new and trendy wigs, turbans and wig liners etc which make such a difference to the women needing the service at this time.

In 2016, 44 wigs were loaned to clients and so far for the first eight months of 2017, 29 wigs have been loaned out which of course always includes the wig stand and wig liners (which are not returned) and a couple of turbans to each client. The turbans are popular with our clients too as it can be dressed up to look attractive.

The above service provided by the Calvary Volunteer Service is one of Calvary's Community Benefit Program and is very much appreciated by the women who access this service as wigs can be expensive to purchase.

DONATION:

Donation received towards Volunteer Thankyou Christmas Luncheon

Jason Kneipp's brother Matthew died in Calvary in 2011 and each year Jason has made a donation towards Volunteer Thankyou Christmas Luncheon in appreciation to the volunteers for their care of his brother whilst he was a patient in Calvary.

In his letter Jason wrote, 'I just wanted to pass on my thanks for another wonderful year of your service. You have each made an enormous impact upon the lives of others. Please accept this small token (\$100) of my appreciation for all that you do.'

Merry Christmas and a safe, happy and prosperous 2018 to you all,

In gratitude

Jason Kneipp.



INFORMATION ABOUT BEING A CONSUMER REP

IF YOU ARE INTERESTED IN BEING INVOLVED.

South East Sydney Local Health District are committed to partnering with our consumers and community to improve health and wellbeing, we want to know what matters to you.

~ Gerry Marr, Chief Executive, SESLHD

SESLHD are looking for people who are active members of their community and/or have used our health services and would like to be part of our new peak health advisory group the 'South East Sydney Local Health District (SESLHD) – District Consumer and Community Council (DCCC).

What does it mean for you?

The DCCC will meet 11 times each year. Where you meet will be decided by the members of the DCCC. Teleconferencing will be offered for people who can't attend in person.

We need you to actively participate in meetings and be able to read and respond to email communications between meetings. You will receive a small payment to support you to do this.

Our aim is to support you to be involved, and have a voice. We will provide you with training to help you to feel comfortable and to participate. We also have some experienced community (consumer) members who are available to provide support and advice.

We are committed to partnering with our consumers and community to improve health and wellbeing; we want to know what matters to you.

~ Gerry Marr, Chief Executive, SESLHD

How to apply

Please send us an email to SESLHD-YourVoice@health.nsw.gov.au by **Tuesday 15th November, 2017** and explain why you would like to be part of our DCCC. Please include your name, phone number, email address and postal address. For further information, please call Amanda Justice, Community Partnerships Manager on ☎ 9332-9725.

CHRISTMAS & NEW YEAR BUSINESS UNIT

CLOSURES / LEAVE

Ground Floor	Remains open	
1st Floor (both areas)	Closes Thurs 20th Dec	Reopens Wed 17th Jan
2nd Floor : Pall Care	Remains open	
Holistic Healing Centre	Closes 22 Dec 12md	Reopens 8 January
Mary Potter House	Closes 23 Dec	Mon 8 th January reopens to clients

**SAFETY WARNING ISSUED
AFTER MOBILE PHONE CHARGER CAUSES TWO
HOUSE FIRES**

We are always alert to fire safety so thought I would share part of an article about mobile phone charger fires.....

'Authorities believe the fire was electrical in nature, starting with a laptop charging cord on a bed in a second-floor bedroom.

While the blaze was brought under control in fewer than 20 minutes and no one was injured, the fire department said close to a dozen people were temporarily forced out of their homes. Damage is estimated at \$250,000.

The response was delayed because smoke alarms in the home were not operating, the fire department said. Fire officials also advised not to leave phone chargers plugged in and switched on after they were involved in two house fires. The fires happened because phone chargers were left switched on in the outlet but not plugged into a mobile phone'. Cambridge News

MUSIC & MEMORY FOR HEALTH FILM

YouTube: <https://youtu.be/A91cx0b3lbw>

Suzy Flynn our diversional therapist, thought this short film might be of interest to the volunteers as it depicts how music can be so therapeutic in the health care setting.

INVITATION
TO ALL CALVARY STAFF AND
VOLUNTEERS

You are warmly invited to a special FRIDAY FORUM:

DATE: 24th November 2017

TIME: 12.30 – 1.30pm

Alan Phillips along with his beautiful melodic band will perform songs from “Symphony of Love” - an album that he dedicated to his late wife Elizabeth after losing her 9.5 year battle with breast cancer.

He states:

“It is truly an awesome opportunity for me and my band to play for the staff at Calvary Hospital. Even if it makes a difference to one person’s life and gives them hope, Lizzie’s legacy won’t be wasted”.

Al Phillips (lyricist, song writing singing/drummer and original founding member of E3Project)

LUNCH PROVIDED



It’s beginning to feel a lot like Christmas.....

Thank you for your wonderful support to our patients, their families and to our staff over the past year.

Many of you may take the opportunity for some time off for yourself over the December and January period as it can be a busy time of year. If so, could you kindly let me know so I can plan rosters etc.

I will work over this period so if you want to catch up with me, please let me know.

