



VOLUNTEER LINK-UP

Calvary Health Care Kogarah – Volunteer Services

Newsletter Date:

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Issue 177

<http://volunteerservice.calvary-sydney.org.au/>

WELCOME

Welcome to the new group of volunteers, although this photo has not captured everyone! It's great to have you on-board and look forward to you joining the hospital and community teams.



WORK HEALTH & SAFETY (WHS) VOLUNTEER REPRESENTATIVE: ANGELA RICHARDS

Report from June WHS meeting:

As your WHS rep, I attend the Calvary WHS meeting each month with representatives of all the different departments at Calvary Kogarah. We discuss issues that have arisen in the previous month and ongoing WHS projects with the aim of providing a safe work environment for staff, patients and visitors.



As Anne-Marie has advised you, it is important that you complete mandatory ELearning modules to ensure Calvary is compliant with corporate and government regulations. We are currently auditing our ELearning files and will contact you to advise any required courses you have not completed. One of the new courses 'Safety at Calvary' provides an overview of WHS requirements for volunteers. This will be a good refresher as we return after three long years (post-Covid) ensuring safe practice in our various roles in the hospital and community. It is quite short, but among the important reminders:

- Please report any incident or hazard you see during your volunteer shift to the appropriate ward manager if you are working in the hospital, and also to Anne-Marie.
- As a volunteer, you do not have access to the automated RiskMan system mentioned in the course. However, the staff member you have reported the hazard or incident to, or Anne-Marie will report on RiskMan system for follow up.
- Community volunteers should also report any WHS concerns they have to Anne-Marie

Here is the link to Calvary ELearning <https://learninghub.calvarycare.org.au/>

[CLICK HERE](#) for the eLearning Hub.



You will need to enter your Log On number (usually begins with either V or 500-----) and password. Please contact Anne-Marie if you have forgotten your Log on number or having any difficulties with the system.

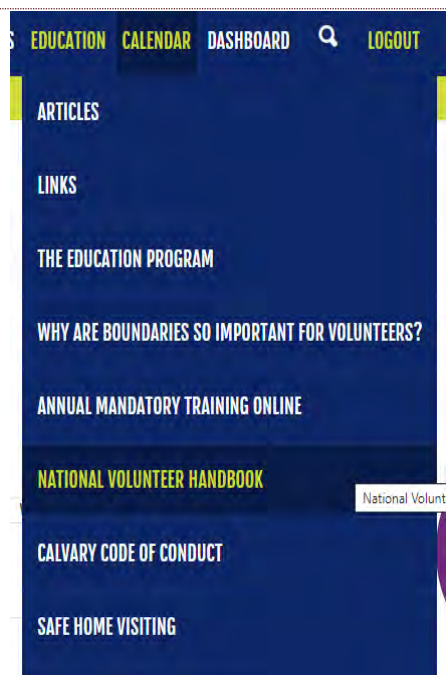
Annual Practical Fire Training onsite for HOSPITAL volunteers. If you have not yet attended this training, see the upcoming training dates below. Please ensure your name is recorded at the session you attend as these are then updated on the ELearning system.

Thursday 27 th July	Fire safety and Evacuation-Practical	2.30 pm	Outside C/Centre
Monday 14 th August	Fire safety and Evacuation-Practical	12.45 pm	Outside C/Centre

As these dates may not suit everyone, Anne-marie may organise a special prac session for Fire training.

Please feel free to contact me personally with any WHS issues – I’m in Anne-Marie’s office on Mondays from 10am to 2pm or you can pass a message to Anne-Marie who will keep me posted. Thank you. *Angela*

NEW NATIONAL VOLUNTEER HANDBOOK AND CALVARY CODE OF CONDUCT.



All volunteers are asked to familiarise themselves with the new

- **Calvary National Volunteer Handbook** and
- **Calvary Code of Conduct**

I have left a hard copy in the Volunteer Room and you can also find link on the Calvary Volunteer Website. (use your email address and password to LOG ON then click the drop down EDUCATION menu. *(See diagram)*

<http://volunteerservice.calvary-sydney.org.au/>

When you have read these documents, could you please email me to confirm you have done so. I will add this acknowledgement to your signed ‘Agreement Form’.

HOSPITAL: INPATIENT REHAB

The ‘Introducing Me’ project was established initially by staff to learn what is important for their patients. With their consent, a summary of the patient’s conversation is printed and displayed in their room. This provides staff with the opportunity to learn ‘what matters’ to their patient... this can lead to meaningful conversations about the individual’s life experiences, their concerns, their rich personal history and goals of care... which can result in the patient feeling valued, respected and understood.

This ‘Introducing Me’ role is now one that some of our designated volunteers will support.

WORKING SAFELY- WHAT PPE TO WEAR IN THE CLINICAL AREAS OF THE HOSPITAL?

NSW Health has now advised that we are in Yellow Alert. CoVid as you are no doubt aware is still with us so we remain vigilant to ensure we keep our patients safe.

In the ward areas, volunteers need to wear a 'blue surgical mask' and if you are not able to maintain distance of 1.5m from the patient eg Massage, hairdresser etc... then you are required to wear either eye goggles or shield. The goggles can be reused so please wipe them with V-Wipes (Hospital Grade Disinfectant Wipes) at the end of your shift or as needed and leave in the Volunteer Room.

In non-patient, common areas eg Admin, foyer, coffee shop etc, you are not required to wear a mask. If you have any questions, please don't hesitate to ask.

An Italian sculptor held a personal exhibition of ice blocks entitled:
"Life is short, enjoy it before it melts..."



'How to produce movies using your smart phone'.

Workshop

Alison Black

Logie Winning Film Maker.

Wednesday, July 26th 2023

1.30 – 3.30

Please RSVP Anne-Marie if you are interested in attending.

GOING THE EXTRA MILE. – WHAT A GREAT TEAM EFFORT!

With the Inpatient Palliative Care staff being stretched to the limit in recent weeks, due to staffing levels under extreme stress, staff working double shifts and long hours to ensure our patients received the care they needed... our Community Palliative Care nurses and doctors jumped at the chance to support their colleagues in the Palliative Care Inpatient unit, making beds and assisting where needed. They then headed off to face their own busy day seeing their patients in the community.

Thank you to everyone who ensured the continuation of the highest level of care for our patients, their families and carers. Our staff truly expressed the Calvary spirit 'Being for Others' and exemplified that our patients are at the centre of everything we do.

