



VOLUNTEER LINK-UP

Calvary Health Care Kogarah – Volunteer Services

Newsletter Date: December 2023
Issue 179

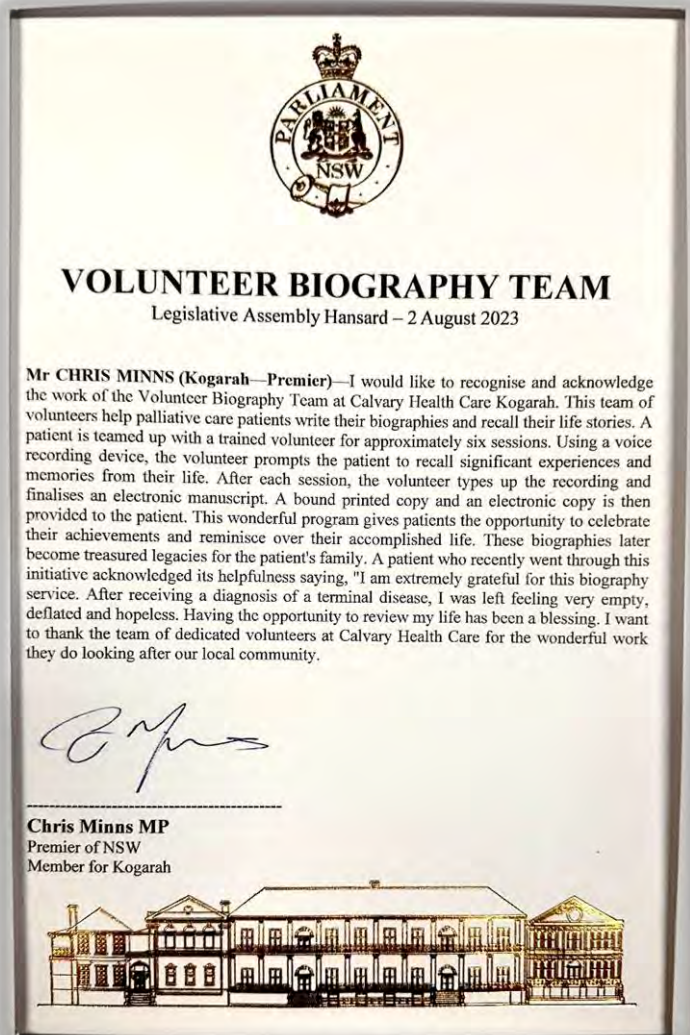
<http://volunteerservice.calvary-sydney.org.au/>





Margaret DiNicola (Calvary Biographer)
with Chris Minns.
IVD 2023

<https://www.theleader.com.au/story/8448905/margaret-has-learned-valuable-lessons-by-listening-to-others/?cs=1507>



Message from Mary Ashton: Acting Director of Mission and Mgr Pastoral Care

A Christmas Blessing

May the humility of the shepherds,
The perseverance of the wise men,
The joy of the angels,
And the peace of the Christ-child
Be God's gifts to us and to people everywhere this Christmas time.



Jose, who works in our Pharmacy, once again worked his magic on the Christmas tree in the hospital foyer. He made the ornaments from polystyrene from pharmacy boxes and material he had...they are spectacular. Thank you Jose.



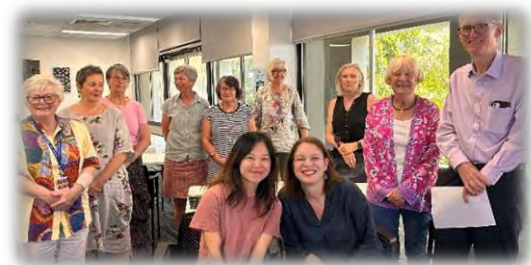
Thank you to Jan, Andrew and Chris (*volunteers*) for assisting our Palliative Care physios provide a fun Christmas morning tea for our palliative care patients and their families.

Calvary has its very own 'DJ Snookie'... who provided the music which added the the ambience, 'foot tapping' enjoyment for our patients... and staff .. and we also had Suzy Diversional Therapist as the Christmas tree....



DJ Snookie





Training Day: 8th Dec

I want to express my gratitude to Wentian and Beth for leading the workshop for our biographers on utilising Canva software for creating storybooks, as part of our Biography Service. The session was incredibly engaging and exhilarating as we delved into the multitude of fantastic features that Canva offers. It was great to welcome three biographers from Sacred Health Biography Service who joined our Calvary group.

Looking ahead, we plan to schedule an advanced Canva workshop for late January.

Thank you to all our volunteers who were acknowledged for their **Years of Service** recognising their generous commitment.



Special thanks to Kay Dorrington who received her 25 years of Service award. Kay, as many of you would know, has worked both within the community & hospital settings... and was on the working committee for many of our Christmas get-togethers... her great claim to fame of course would have to be her amazing Christmas 'low calorie' chocolate mudcake (OMG)!!! with the chosen theme decorating the cake each year. We were all astounded by her creativity and skill and enjoyed her delicious fruit cake.

We would also like to acknowledge Liz Bourke and Chris Tait on their 20 years; Di Saunders, Andrew Bennett and Carl Parkinson on their 10 years of service ... and our many volunteers on their 5 years of service.



As the year draws to a close, I wanted to take a moment to express my deepest gratitude to each and every one of you for your unwavering dedication and exceptional contributions.

Your selfless efforts have made a significant impact in the support we provide our patients and their families..... and to our staff.

May this festive season bring you joy, warmth, and well-deserved moments of relaxation with your loved ones. As we step into the New Year, I am confident that together, we will continue to achieve great things.

Wishing you all a Merry Christmas and a Happy New Year filled with the blessings of this special season, good health, and countless reasons to smile.

Much Love, Anne-Marie MVS