



VOLUNTEER LINK-UP

Calvary Health Care Kogarah – Volunteer Services

Newsletter Date:

April 2023

Issue 176

<http://volunteerservice.calvary-sydney.org.au/>

NEWS FROM CALVARY KOGARAH



Welcome back to Calvary



Calvary
2022
National Mary Potter Award

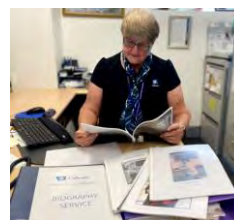
2022 National Mary Potter Award

Our people are Calvary’s strength and each year we seek to acknowledge and celebrate those employees and volunteers who exemplify the Spirit of Calvary in their role.

Mary Potter Award recipients are people, individuals and/or teams, who demonstrate sustained excellence and exceptional commitment to living Calvary’s mission through their expression of the values of Hospitality, Healing, Stewardship and Respect in the service of others.

In 2022, all staff across Calvary were invited to nominate colleagues, whom they felt demonstrated exceptional behaviours, for a Mary Potter Award. A new electronic system facilitated this process and well over one hundred nominations were received.

A Mary Potter Award Panel, with re presentation from national executives and senior leadership, considered the national nominations. They recommended 17 finalists to the National Executive Leadership Team who endorsed **Godfrey Loremia** as the *Individual* & **Palliative Home Care Services** as the *Team* recipients of the 2022 National Mary Potter Awards.



Team Award Finalist:

Biography Team
Volunteer Service
Calvary Kogarah

Congratulations to all! The **Recipients of the 2022 National Mary Potter Award** and their fellow finalists, are acknowledged in the [link below booklet](#)





Message from Mary Ashton: Mgr Pastoral Care & Acting DOM:

Have you heard the old joke, how many people does it take to screw in a lightbulb? Here is an updated version: how many volunteers does it take to spread kindness and absolute joy throughout Calvary? The answer is ALL OF YOU. The hospital staff and patients have missed each of you during the Covid lock down. How wonderful to see you are returning to your roles. Thank you volunteers for your patience and loyalty in waiting the official “OK to return.” Each one of you is an essential part of Calvary, thanks for making Calvary whole again!

MEET OUR PET THERAPY ‘VOLUNTEERS’!



Cinda



Barney



Sass (and Sharon)



Gregory

Cinda’s first day on the job and she has already won many hearts!! Its not called ‘diverstional therapy’ for no reason... so big welcome back to our Labradors ‘Cinda’ and ‘Sass’, to our Groodle ‘Barney’ and French Bulldog ‘Gregory’.

Many thanks to Sharon, Tracey and Jade being part of our pet therapy program, which brings so much joy, smilies and... the opportunity to share stories.... to our patients, visits AND STAFF

TRAINING FOR 2023

Training for New Volunteers:

The two day training for new volunteers will be on Wednesday 21st and 28th June. 9.30 – 3.30.

The final session of day two, will be for volunteers who are interested in providing foot massage so if this does not fit your role, you do not need to stay for the last session from 2 – 3.30pm. (*you can have an early mark* 😊). Any other volunteers who wish to have a refresher on gentle limb massage are welcome to join this massage training session on 28th June at 2pm.

The new Volunteer Handbook can be accessed via <https://volunteerservice.calvary-sydney.org.au/>

Log on to this website and find the new National Volunteer Handbook, which you will need to read to update yourself on Policies etc, especially having been away from the service for the past three years.

Although some of the items listed in the policy on volunteer roles have now had restrictions placed on them, others have been approved by our Calvary Kogarah General Manager eg. moving people in wheelchairs and assisting patients with their meals. If uncertain, please check with , please check with MVS.



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TO VISIT THE HUB**

FEATURING
RECIPES ONLINE CLASSI
WEBINARS AND MORE

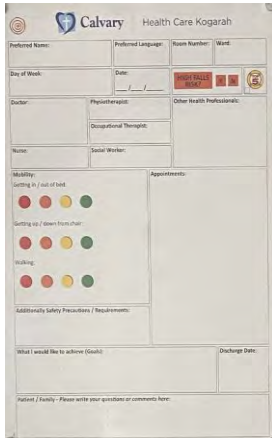


The April **Hub** : Take a lookits loaded with some excellent information - click on the link below. You are welcome to register for the seminars, pilates sessions etc. If you are interested you can also access previous editions.

<https://calvaryhealthcarecorporate.cmail19.com/t/t-e-fhujrkt-jidrvmir-k/>

HOSPITAL ACCREDITATION: APRIL 3-5TH 2023

Well we survived Accreditation and many of the hard working staff who had Lead roles with the Standard Working Groups, are taking a well deserved rest. The accreditors are recommending Calvary Kogarah receive full accreditation with just a few recommendations. Previously NSQHS *National Standards & Quality Health Service Standards* accreditation was awarded for three years, but now the NSQHS: accreditation process will be announced at short notice we are told.



Two way communication boards have been introduced into each patient room as a way of communicating the names of staff caring for patient, mobility status, alerts, risks, discharge planning etc...These boards are also designed to allow patients & their families to write questions or comments for staff at the bottom of board.

What does the Traffic Light System mean for patient mobility?

- **Green Card = Independent:** Able to walk around your room and the hospital by yourself with your prescribed walking aid from your physiotherapist.
- **Yellow Card = Supervision:** You must be supervised by someone when getting up from the bed, getting up from your chair and when walking. Before you get up or start walking you must press the nursing buzzer to call for a nurse.
- **Orange Card = Standby Assist:** means that you need one person standing next to you when getting up from bed, getting up from your chair and when walking. This assistance should only be provided from a staff member. You must call for a nurse to assist you if you wish to get up, go to/from the bathroom or walk around your room.
- **Red Card = Assistance:** means that you need physical assistance from one or two people when getting up from bed, getting up from your chair and when walking. This assistance should only be provided from a staff member. You must call for a nurse to assist you if you wish to get up, go to/from the bathroom or walk around your room.



The concentric circles on the top left corner of the new communication boards, represent many meanings in Aboriginal Art. Usually, they symbolize places where people come together, where they share a specific site or a meeting place. In this instance, the symbol is used to signify the meeting place where information is shared between both Calvary and the patient.

(contribution from Erin Mitchell OT)

Annie's Garden: This garden has been named after Annie Ariche, an aboriginal woman who lived on this Calvary site 'Fitzgeralds Hill' from 1920 – 1942.

An Aboriginal, Not-for-Profit Organisation have undertaken the extensive works in the garden. It's a beautiful space and no doubt will look amazing in another 12 months once the shrubs and trees are established. The tables will be relocated to other areas in the garden to ensure the new garden space remains undamaged.



NSW Health Divesity in Healthcare

All staff & volunteers have been asked to watch this six minute video on NSW Diversity & Inclusiveness in Healthcare. Thank you.



[Equitable healthcare FINAL \(1080p\).mp4](#)
[\(sharepoint.com\)](#)

Volunteers do not necessarily have the time, they just have the heart." – Elizabeth Andrew

Thank you for your ongoing contribution to the mission and values of Calvary in the care of our patients and their families.

Holidays : Manager Volunteer Services

I will on holidays from Monday 8th May – Monday June 5th 2023.

During my absence, Mary Ashton will be happy to follow up any queries for the volunteers working in the hospital. Mary's phone no. is 9553-3158 Email: Mary.Ashton@health.nsw.gov.au or just pop in to her office right across from Anne-Marie's office. Mandy Muir (Pastoral Worker in the community palliative care) Mandy.Muir@health.nsw.gov.au will be available for support with our CPCT & Biography volunteers.

